



# TREETOPS MONTESSORI SCHOOL

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## **Food and Nutrition Policy – Addition**

There has been an increase in the number of children in our community who have significant allergic reactions to nuts. Some of these reactions are life-threatening and can result from merely coming into contact with other children who have eaten or handled nuts earlier in the day (peanut butter sandwiches at breakfast, for example). One of Treetops' children experiences a severe form of allergy to nuts and as a result it is necessary to move towards making Treetops a nut free school by mid year.

*As of Week 1, Term 1 2009*

### **Children's House, Fuchsia Gums and Lilly Pillys are NUT FREE**

- Parents should ensure that their children do not bring nuts, or nut extraction of any sort, to school.
- Parents doing cooking in school should ensure that nuts or nut extract are not part of the ingredients.
- Parents should ensure that birthday cakes and “special lunch” do not contain nuts or nut extract.
- Parents should ensure that if their child has eaten nuts or nut extract before school that they brush their teeth and wash their hands and face thoroughly.

*As of Week 1, Term 3 2009*

### **All of Treetops shall be NUT FREE**

- Parents should ensure that their children do not bring nuts, or nut extraction of any sort, to school.
- Parents doing cooking in school should ensure that nuts or nut extract are not part of the ingredients.
- Parents should ensure that birthday cakes and “special lunch” do not contain nuts or nut extract.
- Parents should ensure that if their child has eaten nuts or nut extract before school that they brush their teeth and wash their hands and face thoroughly.